

GROWS



GROWING OLDER, WISER AND STRONGER

FOR ALL WOMEN WITH HIV AGED OVER 40

Are you a woman living with HIV aged 40+?

Do you have uncertainties around ageing with HIV or questions relating to your health and wellbeing?

Would you like to speak to another woman living with HIV to explore holistic approaches for looking after your health, wellbeing and growing older with HIV?

We have trained peer mentors to support you.

For referrals, please contact...

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